

Simone Janson (ed.)

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LUXURY LIFE!

Make Your Dreams
Come True



Earn more money with
resilience, reach wealth goals,
learn anti-stress strategies for
financial freedom, invest
smart, efficiently get rich

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Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <https://best-of-hr.com/press/>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at <https://best-of-hr.com/academy/>. In addition, workbooks are available to help you reflect on the inspirations from this book.

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specifically tailored to your needs, we want to ensure that you make the most of this reading experience.

Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Briefly and concretely this is your benefit from this book: You support certified climate protection projects, quickly receive compact information and checklists from experts as well as access to AI extensions and the possibility to individually live your inspirations as an experience. Because even if luxury is something different for everyone: who doesn't dream of carefree living out their own freedom? Unfortunately, the reality looks different: Many people turn the hamster wheel day in and day out and want nothing more than to be able to realize their dreams. The solution to the problem is called passive income. Unfortunately, very few people are really familiar with the subject of financial investments and there are as many opinions about correct financial planning as there are experts. So if you want to earn money by investing properly, you would do well not to lose track of the jungle of financial products between stock trading with individual values, ETF and index funds, gold, real estate, etc. Therefore, it makes sense to deal with your own wealth planning in more detail, after all, savings and thus the pension, which is important for retirement, are only destroyed by inflation.

You will receive valuable resources through this [unique publishing concept](#) that will enhance your knowledge, stimulate your creativity, and make your personal and professional goals achievable. This allows you to discover new ways, expand your thinking, and improve your skills to experience success. You will receive concrete advice, proven methods, and strategies to overcome challenges and overcome obstacles. By providing specific action steps and practical guidance, you will learn how to define your goals and develop plans to progress step by step. The clear structure and our special, highly detailed table of contents support you in quickly finding the desired information and implementing it directly into practice.

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Under the motto *Information as desired*, we also provide you with exactly the information you have been looking for. The book also includes an e-course with a

worksheet for you to work through, which you can receive for free as a reader in our Academy at <https://best-of-hr.com/academy/>. You can find out how to access it in the book's conclusion.

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So you see: from cost savings to access to knowledge and education, to the opportunity to experience and live your own successes, to inspiration for entrepreneurial activities, and the possibility to earn money with our publishing house - reading our books can provide you with financial benefits in various ways.

Self-determined life: Lifestyle design

// By Sebastian Kühn

At least since the success of the “4-Hour Workweek” by Tim Ferriss, the term lifestyle design has gained a clear meaning and received a lot of attention.

Looking for self-determination

Ever since, more and more people are looking for alternative forms of work and self-realization. Lifestyle designers want to create their own lives instead of following what society has planned for them.

As a lifestyle designer you decide what your life should look like in the future. You break with old assumptions and expectations of your environment to write your own rules from now on. That is exactly what I mean by self-determined life.

Decide on dependencies yourself

In the broader sense, self-determination is the independence of other people, of an environment, a social system, an employer and unwanted obligations that bring you no value. I do not want to say that dependencies always have to be negative. However, I would like to have the freedom to decide these dependencies myself. This includes

- when and where I work,
- with whom I spend my time,
- in which way I assure myself,
- as I care for my age,
- in which country I live and pay taxes and
- what conventions I follow.

Conventions

The society in which we live is based on conventions. Without these unwritten rules and norms, living together peacefully would be difficult. But these conventions can limit us at the same time in our freedom of action.

The biggest hurdle towards self-determined life is for most of us mental. We ourselves are our biggest problem because we sabotage, question and dramatize where we can. To be critical of something new, we were brought up.

Skepticism

In order to live self-determined, you have to dismiss your skepticism about changes and instead question the status quo. You must not follow the majority, but trust your own feelings.

Maybe it's because of low self-esteem or social pressure - far too often we prefer to meet the expectations of others, rather than make ourselves right. At a young age we were taught that it is rude to say no.

Adults are responsible for their thoughts and actions

Always nod friendly and say thank you was the motto. In adulthood, we are responsible for our actions and consequences. That's why you always have the right to shake your head.

A good educational qualification, a house in the countryside and a career in a decent company are just some of the desirable goals that parents, teachers and acquaintances give us along the way.

Change begins in the head

All these stories that are told to you are conventions. You have the right to question what is being told. Follow the stories you want to follow and say no to everyone else.

The first step to more independence in your life definitely starts in your head. Without throwing deadlocked thinking barriers overboard and letting new ideas in, all further steps make little sense. As you strive for more freedom, you must also be willing to take more responsibility for yourself.

The dependence on others

Real freedom begins when you take responsibility for aspects of your life that were previously external. Because, as Spider-Man says: "With great power comes great responsibility."

Whenever you let someone else - friends, employers or government - decide for you, you become dependent. This makes it easier to blame others for the consequences of this decision, but it certainly does not lead to greater freedoms.

All the areas of your life where you are not satisfied, you have to control yourself. If you do not, then someone else does it for you and you should not complain about the result.

As an entrepreneur you can decide for yourself

As an entrepreneur, you can make the course of your future career much more flexible. By leaving social security you can decide for yourself if and how you want