TRUTH FREESTYLE DUTY

LIVE & WORK CONFIDENTLY Between conformism & freedom

Simone Janson (ed.)



Truth Freestyle Duty. Live & Work confidently between Conformism & Freedom

Use motivation emotional intelligence & resilience, learn communication rhetoric & conflict management

Simone Janson (ed.)

Published at Best of HR - Berufebilder.de®

Table of Contents

Imprint

Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback Your Benefit in concrete Terms: Content, Organization and Structure of the Book Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks Successfully use the AI Extension to the Book for your Goals and to make Money Experience Success and Inspiration: Discover your Way and support **Sustainability** Feedback loops and error culture in companies: failure as a leader to success // By **Eric Ries** Methods for more repartee: Rhetoric is like learning to swim // By Peter Kensok, Petra Schächtele-Philipp Negotiate and sell with honesty: Attention customer! // By Oliver Schumacher Professional and personal crisis: Analyze strengths and weaknesses in peace // By Isabel Nitzsche Being sovereign: what is sovereign behavior? 2 X 8 Tips // By Dr. Cornelia Topf Workaholism, Automation and Digitization: Work as a Life Content? // By Simone Janson Digital Transformation and Disruption with Values: Back to Human // By Stefan Dudas Organize meetings perfectly in 6 steps: Team meetings without stress // By Prof. Dr. Martin-Niels Däfler Become sovereign thanks to manners: 14 rules for business travel // By Maria **Theresia Radinger** Company growth and employee motivation through inspiring leadership: This is how energies work in the company // By Christoph Döhlemann Work better and more efficiently thanks to criticism: every feedback helps me // By Simone Janson 5 manipulation techniques: thinking errors fears peer pressure and wrong assumptions // By Simon O. Sinek Authors Overview **Eric Ries** Petra Schächtele-Philipp Peter Kensok **Oliver Schumacher** Isabel Nitzsche Dr. Cornelia Topf Stefan Dudas Professor Dr. Martin-Niels Däfler

Maria Theresia Radinger

Christoph Döhlemann Simon O. Sinek Simone Janson Profound Expert Knowledge, Quality Assurance and AI: The Concept of Publisher of the Year Best of HR - Berufebilder.de® Appendix: Tips and Prompts for using the AI Extensions

Imprint

The German National Library lists this publication in the German National Bibliography; detailed bibliographic data are available on the Internet at https://dnb.dnb.de.

ISBN of the German eBook edition: 9783965964549

ISBN of the English eBook edition: 9783965964556

German website of the publisher: <u>https://berufebilder.de</u>

English website of the publisher: <u>https://best-of-hr.com</u>

Truth Freestyle Duty. Live & Work confidently between Conformism & Freedom

4th completely revised and extended edition, 10.01.2024

 $\ensuremath{\mathbb{O}2024}$ by Best of HR - Berufebilder.de®, a brand of Janson Press group Print & Online

Published by Simone Janson

Duesseldorf, Germany

Concept, editing, graphic design & layout: Simone Janson

Cover design with Canva

eMail: publisher@best-of-hr.com

For your <u>successful</u>, <u>fulfilling life</u>, the information you truly need: State-funded publisher, awarded the Global Business Award as <u>Publisher of the Year</u>: <u>Books</u>, <u>magazines</u>, <u>eCourses</u>, <u>data-driven AI services</u>. Print and online publications, along with the latest technology, go hand in hand - with over 20 years of experience, partners such as the <u>Federal Ministry of Education</u>, customers like <u>Samsung</u>, <u>DELL</u>, <u>Telekom</u>, or universities. Behind it all is <u>Simone Janson</u>, a German <u>Top10</u> <u>blogger</u>, referenced in <u>ARD</u>, <u>FAZ</u>, <u>ZEIT</u>, <u>WELT</u>, <u>Wikipedia</u>.

All books are published in German and English. We take our responsibility to deliver well-researched and reliable information very seriously. Therefore, the publisher follows a dedicated concept for quality assurance and compilance, where the expertise of renowned experts goes hand in hand with the latest AI technology for information analysis and text optimization. If you have any further questions, you can read the corresponding chapter at the end of the book.

All works of the publishing house Best of HR - Berufebilder.de®, including their parts, are protected by copyright. Any use outside the narrow limits of the copyright law is not permitted without the consent of the publisher and the author. This applies in particular to the electronic or other reproduction, translation, distribution and making publicly available.

Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <u>https://best-of-hr.com/press/</u>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at https://best-of-hr.com/academy/. In addition, workbooks are available to help you reflect on the inspirations from this book.

All readers who are looking for individual solutions also have the opportunity to use the AI extensions and consulting tools free of charge within the framework of AI Extended Books, for which we usually charge a monthly subscription fee. Our interactive success advisors and other AI-supported tools are at your disposal to provide you with tailored advice and recommendations that are tailored to your individual needs. Use these tools to drive your success and achieve your personal goals.

In addition to this wealth of inspiration, we want you to experience and enjoy your success: As a reader of this book, you will have access to a variety of exclusive services that will help you live well and successfully according to your wishes: from inspiring reader trips, where you have the opportunity to discover new places and exchange ideas with like-minded people, to lifestyle products that are

specifically tailored to your needs, we want to ensure that you make the most of this reading experience.

Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Briefly and concretely this is your benefit from this book: You support certified climate protection projects, quickly receive compact information and checklists from experts as well as access to AI extensions and the possibility to individually live your inspirations as an experience. Because self-realization and self-love sound so simple, but are very difficult to implement for many people in the conflict between social adjustment and personal freedom. There is the love of truth that we all carry within us, but also the sense of duty that sometimes forces us not to be too strict about the truth. And there is the living out of personal desires. If only I were more self-confident ", many wish for it when they are exposed to unexpectedly embarrassing situations or verbal attacks. And often in addition to the conflicts with others, there are also your own thought patterns and learned behaviors that block you. But authentic self-confidence, a confident demeanor and a relaxed approach to criticism can be learned; self-love is the key to success here. This book wants to encourage and show that it is worth following your own ideas and values in your life and not paying too much attention to what others say.

You will receive valuable resources through this <u>unique publishing concept</u> that will enhance your knowledge, stimulate your creativity, and make your personal and professional goals achievable. This allows you to discover new ways, expand your thinking, and improve your skills to experience success. You will receive concrete advice, proven methods, and strategies to overcome challenges and overcome obstacles. By providing specific action steps and practical guidance, you will learn how to define your goals and develop plans to progress step by step. The clear structure and our special, highly detailed table of contents support you in quickly finding the desired information and implementing it directly into practice.

This is not only contributed by the expert articles of renowned experts but also by numerous inspirations from successful managers, entrepreneurs, and other exciting personalities. Their stories and experiences serve as vivid examples of how challenges can be overcome and goals can be achieved. Through their inspiring narratives, you gain insights into proven strategies and practices that you can apply to your own situations. Different, and potentially contradictory, aspects of the topic are deliberately addressed. This allows you to examine, reflect on, and weigh the various pros and cons optimally. This ultimately enables you to gain different perspectives and improve your knowledge to develop a deeper understanding of complex topics and find innovative solutions.

Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks

Under the motto *Information as desired*, we also provide you with exactly the information you have been looking for. The book also includes an e-course with a

worksheet for you to work through, which you can receive for free as a reader in our Academy at <u>https://best-of-hr.com/academy/</u>. You can find out how to access it in the book's conclusion.

Our Academy offers you the opportunity to continuously expand your knowledge and skills and engage with like-minded individuals. By participating in our online courses and interacting with experts and other learners, you can achieve your professional goals and advance your personal success. We believe that inspiring experiences and continuous learning are the keys to long-term success. Therefore, we invite you to explore our Academy and benefit from the diverse learning opportunities.

In addition, the Workbook Success Planner is the perfect complement to the guidebooks. This workbook helps you successfully implement the inspirations and tips from our books, step by step and day by day, whether it's about career goals, decision management, or financial planning. You can either print the Success Planner yourself or order it as a bound book. Each workbook comes with a free eBook.

Do you want a personalized eBook topic or an e-course on a specific subject? You can also find that in our publishing house at <u>https://best-of-hr.com/publisher/</u>. We will create your personalized eBook on a topic of your choice upon request. In the Academy of Best of HR - Berufebilder.de®, you will also find email courses with individual assignments, personal support, and certification.

As a book reader, you not only have the advantage of gaining information and new insights but also enjoy financial benefits that come with purchasing our books. As a newsletter subscriber or registered member, you will receive a 50% discount on all e-courses and a 20% discount on all other books as a member edition. You can find the books at https://best-of-hr.com/shop/books/. The coupon code is sent weekly via the newsletter. Additionally, there is the Premium Membership, a paid flat rate for one year, which includes all learning materials, downloads, and premium articles.

Successfully use the AI Extension to the Book for your Goals and to make Money

For those seeking further individual guidance and services, our concept of *AI Extended Books* offers the potential to analyze information, gain valuable insights, and show paths to achieving your individual goals. By utilizing AI in your work or personal life, you can gain many benefits and work much more efficiently. Through our AI solutions, you will discover new ways to explore your horizons in innovative ways. And the best part is that this service is free for you as a book buyer. In the appendix of the book, you will find a detailed explanation and numerous application examples to facilitate your successful handling of AI.

Our interactive <u>AI-assisted consultant</u> is there to assist you with any questions regarding success, career, and personal development. Our <u>AI-eTutor</u> supports the

learning experiences from our academy with individual exercises. And the interactive <u>travel planner</u> helps you plan individual moments of success.

One of the greatest strengths of AI is its ability to process large amounts of data and recognize patterns. By using machine learning algorithms, AI can learn from this data and make predictions. This enables you to make informed decisions, optimize your strategies, and even solve complex problems. Whether it's your personal career management, optimizing communication processes, or improving work efficiency - AI can help you achieve your goals more effectively.

With the AI tools from Best of HR - Berufebilder.de®, you can even earn money. This is done through an affiliate program, a marketing strategy where companies collaborate with affiliates to promote and sell products or services. Affiliates are individuals or companies that act as partners and receive a commission for every sale or action they generate. To participate in our affiliate program, please register for our partner program.

Experience Success and Inspiration: Discover your Way and support Sustainability

But that's not all! We want to offer you a very special opportunity that will make your journey to personal growth and success even more unforgettable. Because we know that it's not just about reading, but also about experiencing and applying what you've learned. That's why we want to offer you exclusive vouchers for suitable trips and other items that perfectly match your chosen guide. To achieve this, we work with numerous network partners in accordance with our compliance guidelines.

So imagine putting the inspiring wisdom of your book into action while creating unforgettable memories at the same time. Whether it's a relaxing break at a wellness resort, an adventurous trip into nature, or a workshop that further develops your skills - with our specially selected vouchers, you can put what you've learned into practice directly and enjoy unforgettable experiences at the same time.

Let yourself be inspired by our guides and discover the possibilities that await you. Because we believe that true change doesn't just happen in the mind, but also in the heart and in action. So get ready to elevate your life to a new level with individual moments of success and make your dreams come true. By the way, 5 percent of your purchase goes to non-profit organizations that are dedicated to projects such as reforestation and climate protection.

So you see: from cost savings to access to knowledge and education, to the opportunity to experience and live your own successes, to inspiration for entrepreneurial activities, and the possibility to earn money with our publishing house - reading our books can provide you with financial benefits in various ways.

Feedback loops and error culture in companies: failure as a leader to success // *By Eric Ries*

Henry Ford is one of the most successful and famous entrepreneurs of all times. The idea of company management is closely linked to the history of the automotive industry since its beginnings, and therefore it is an ideal metaphor for a startup.

The recipe for success of Henry Ford

Before Henry Ford became a corporate executive, he was an engineer. He worked day and night in his garage on precision instruments that allowed the cylinders of the engine to move.

A car with an internal combustion engine is powered by two important and completely different feedback loops. The first one is inside the machine.

The engine as a crucial element

Every little explosion in the cylinder produces the driving force to turn the wheels, but also triggers the next explosion. If the timing of this feedback loop is not precisely controlled, the motor stutters and goes off. Startups have a similar engine, the growth engine.

Their respective markets and customers are different: a toy manufacturer, a consulting firm and a factory does not seem to connect much at first sight - except for the growth engine, which is the same for all three.

Not all changes are improvements

Every new product version, every new product function and every new marketing program is an attempt to improve this growth engine. But, as with Henry Ford's experiments in the garage, not all the changes prove to be improvements.

New product developments take place only sporadically. Much of the time is spent in a startup to optimize product, marketing or operations. The second important feedback loop in an automobile includes the driver and the steering wheel.

The steering process is crucial

The feedback is so immediate and automatic that we rarely think about it, but it is precisely this steering process that makes driving different from other types of transport.

If you drive to work every day, you probably know the route in your sleep. But if you were asked to close your eyes and explain exactly how to get to the office - not the distance, but every single rotation of the steering wheel and every foot movement on the pedals - you would find that you are not successful.

A highly complex process

The choreography of driving is incredibly complex when you "downshift" to think about it. Rocket ships require exactly this form of calibration in advance.

You must be provided with high-precision work instructions prior to maiden voyage: programming that regulates every thrust, every missile firing, and every change of direction.

No mistakes!

The slightest error at the time of the stack could have catastrophic consequences for 1000 miles later.

From the business plans of many startups, one could unfortunately conclude that they want to leave a rocket ship, rather than drive a car. And this is a crucial mistake in the company's strategy.

StartUps thoroughly planned through

Many young companies and startups determine all the steps and expected results down to the smallest details. And as with the planned launch of a missile, they are programmed so precisely that even the slightest misconception can have catastrophic consequences.

A company that I've worked with predicted a new product to have a significant customer acceptance - in millions. Boosted by the spectacular launch, the company implemented its plan precisely.

The bill without host

But it had made the bill without the landlord - the customers did not bother about it. And worse still, one had invested in a comprehensive infrastructure, hiring employees, and technical support to cope with the customer stream they were waiting for.

When it failed to appear, the company had leaned so far out of the window that it could not adapt in time. It had been successful, good faith, and rigorously "programmed for failure," clinging to a plan that had numerous misconceptions and weaknesses.