

Simone Janson (ed.)

# LIVE & WORK SUSTAINABLY



Environmentally conscious leadership & communication, design the office ecologically, optimize work-processes naturally & implement green business ideas

Best of HR - Berufebilder.de®

### Live & Work Sustainably

Environmentally conscious leadership & communication, design the office ecologically, optimize work-processes naturally & implement green business ideas

Simone Janson (ed.)

Published at Best of HR – Berufebilder.de®

#### **Table of Contents**

#### **Imprint**

Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks

Successfully use the AI Extension to the Book for your Goals and to make Money

Experience Success and Inspiration: Discover your Way and support Sustainability

TALK | business ethics Professor Dr. Josef Wieland: "Ethical investments are important, only the 'how' is not yet clear!" // By Jan Thomas Otte

Migration and the refugee crisis are changing career choices: ethics needed! // By Simone Janson

Rethink work without stress: find meaning, live happily // By Christoph Teege Motivating employees sustainably and making them happy: 10 really effective tips // By Marco De Micheli

Growth and change: 4 steps to sustainable profit increase // By Claudia Simon Change Management and Transformation in Business: 10 Tips for Sustainable Change // By Claudia Simon

The success principles of leadership: polarity and resonance // By Heinz Peter Wallner, Kurt Völkl

Sense and happiness in working life: time for the essentials // By Stefan Dudas Learning from environmental protection for productive work: energy-efficient in the office // By Simone Janson

Sustainable office in 5 steps: This is how your workplace becomes energy-efficient and environmentally friendly // By Simone Janson

Sustainability makes profit in companies: Environmentally conscious working as a trend of the future? // By Oliver Specht & Axel Nauert

Meaning in a crisis: why we need «motiviruses» in change // By Stefan Dudas Conclusion: How to expand your Knowledge and Experience with interactive AI and discounted Add-on offers for free.

#### **Authors Overview**

Jan Thomas Otte

**Christoph Teege** 

Marco De Micheli

Claudia Simon

Heinz Peter Wallner

Kurt Völkl

Stefan Dudas

Oliver Specht & Axel Nauert

Simone Janson

Profound Expert Knowledge, Quality Assurance and AI: The Concept of Publisher of the Year Best of HR - Berufebilder.de®
Appendix: Tips and Prompts for using the AI Extensions

#### **Imprint**

The German National Library lists this publication in the German National Bibliography; detailed bibliographic data are available on the Internet at https://dnb.dnb.de.

ISBN of the German eBook edition: 9783965963085

ISBN of the English eBook edition: 9783965963092

German website of the publisher: <a href="https://berufebilder.de">https://berufebilder.de</a>

English website of the publisher: <a href="https://best-of-hr.com">https://best-of-hr.com</a>

Live & Work Sustainably

4th completely revised and extended edition, 10.01.2024

©2024 by Best of HR - Berufebilder.de®, a brand of Janson Pressgroup Print & Online

Published by Simone Janson

Duesseldorf, Germany

Concept, editing, graphic design & layout: Simone Janson

Cover design with Canva

eMail: publisher@best-of-hr.com

For your <u>successful</u>, <u>fulfilling life</u>, the information you truly need: State-funded publisher, awarded the Global Business Award as <u>Publisher of the Year</u>: <u>Books</u>, <u>magazines</u>, <u>eCourses</u>, <u>data-driven AI services</u>. Print and online publications, along with the latest technology, go hand in hand - with over 20 years of experience, partners such as the <u>Federal Ministry of Education</u>, customers like <u>Samsung</u>, <u>DELL</u>, <u>Telekom</u>, or universities. Behind it all is <u>Simone Janson</u>, a German <u>Top10</u> blogger, referenced in <u>ARD</u>, <u>FAZ</u>, <u>ZEIT</u>, <u>WELT</u>, <u>Wikipedia</u>.

All books are published in German and English. We take our responsibility to deliver well-researched and reliable information very seriously. Therefore, the publisher follows a dedicated concept for quality assurance and compilance, where the expertise of renowned experts goes hand in hand with the latest AI technology for information analysis and text optimization. If you have any further questions, you can read the corresponding chapter at the end of the book.

All works of the publishing house Best of HR - Berufebilder.de®, including their parts, are protected by copyright. Any use outside the narrow limits of the copyright law is not permitted without the consent of the publisher and the author. This applies in particular to the electronic or other reproduction, translation, distribution and making publicly available.

## **Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book**

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

## Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <a href="https://best-of-hr.com/press/">https://best-of-hr.com/press/</a>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at <a href="https://best-of-hr.com/academy/">https://best-of-hr.com/academy/</a>. In addition, workbooks are available to help you reflect on the inspirations from this book.

All readers who are looking for individual solutions also have the opportunity to use the AI extensions and consulting tools free of charge within the framework of AI Extended Books, for which we usually charge a monthly subscription fee. Our interactive success advisors and other AI-supported tools are at your disposal to provide you with tailored advice and recommendations that are tailored to your individual needs. Use these tools to drive your success and achieve your personal goals.

In addition to this wealth of inspiration, we want you to experience and enjoy your success: As a reader of this book, you will have access to a variety of exclusive services that will help you live well and successfully according to your wishes: from inspiring reader trips, where you have the opportunity to discover new places and exchange ideas with like-minded people, to lifestyle products that are

specifically tailored to your needs, we want to ensure that you make the most of this reading experience.

## Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Briefly and concretely this is your benefit from this book: You support certified climate protection projects, quickly receive compact information and checklists from experts as well as access to AI extensions and the possibility to individually live your inspirations as an experience. Because ecological, sustainable commitment is particularly important for the success of companies in times of climate change. "Purpose instead of mission statement" is the motto. But even if social entrepreneurs are role models here, employees and managers can actively contribute to environmental protection in the workplace: Whether energy-efficient processes, the implementation of green work processes or environmental protection measures that also save costs in the long term: this book helps with implementation.

You will receive valuable resources through this <u>unique publishing concept</u> that will enhance your knowledge, stimulate your creativity, and make your personal and professional goals achievable. This allows you to discover new ways, expand your thinking, and improve your skills to experience success. You will receive concrete advice, proven methods, and strategies to overcome challenges and overcome obstacles. By providing specific action steps and practical guidance, you will learn how to define your goals and develop plans to progress step by step. The clear structure and our special, highly detailed table of contents support you in quickly finding the desired information and implementing it directly into practice.

This is not only contributed by the expert articles of renowned experts but also by numerous inspirations from successful managers, entrepreneurs, and other exciting personalities. Their stories and experiences serve as vivid examples of how challenges can be overcome and goals can be achieved. Through their inspiring narratives, you gain insights into proven strategies and practices that you can apply to your own situations. Different, and potentially contradictory, aspects of the topic are deliberately addressed. This allows you to examine, reflect on, and weigh the various pros and cons optimally. This ultimately enables you to gain different perspectives and improve your knowledge to develop a deeper understanding of complex topics and find innovative solutions.

## Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks

Under the motto *Information as desired*, we also provide you with exactly the information you have been looking for. The book also includes an e-course with a worksheet for you to work through, which you can receive for free as a reader in our Academy at <a href="https://best-of-hr.com/academy/">https://best-of-hr.com/academy/</a>. You can find out how to access it in the book's conclusion.

Our Academy offers you the opportunity to continuously expand your knowledge and skills and engage with like-minded individuals. By participating in our online courses and interacting with experts and other learners, you can achieve your professional goals and advance your personal success. We believe that inspiring experiences and continuous learning are the keys to long-term success. Therefore, we invite you to explore our Academy and benefit from the diverse learning opportunities.

In addition, the Workbook Success Planner is the perfect complement to the guidebooks. This workbook helps you successfully implement the inspirations and tips from our books, step by step and day by day, whether it's about career goals, decision management, or financial planning. You can either print the Success Planner yourself or order it as a bound book. Each workbook comes with a free eBook.

Do you want a personalized eBook topic or an e-course on a specific subject? You can also find that in our publishing house at <a href="https://best-of-hr.com/publisher/">https://best-of-hr.com/publisher/</a>. We will create your personalized eBook on a topic of your choice upon request. In the Academy of Best of HR - Berufebilder.de®, you will also find email courses with individual assignments, personal support, and certification.

As a book reader, you not only have the advantage of gaining information and new insights but also enjoy financial benefits that come with purchasing our books. As a newsletter subscriber or registered member, you will receive a 50% discount on all e-courses and a 20% discount on all other books as a member edition. You can find the books at <a href="https://best-of-hr.com/shop/books/">https://best-of-hr.com/shop/books/</a>. The coupon code is sent weekly via the <a href="newsletter">newsletter</a>. Additionally, there is the Premium Membership, a paid flat rate for one year, which includes all learning materials, downloads, and premium articles.

## Successfully use the AI Extension to the Book for your Goals and to make Money

For those seeking further individual guidance and services, our concept of *AI Extended Books* offers the potential to analyze information, gain valuable insights, and show paths to achieving your individual goals. By utilizing AI in your work or personal life, you can gain many benefits and work much more efficiently. Through our AI solutions, you will discover new ways to explore your horizons in innovative ways. And the best part is that this service is free for you as a book buyer. In the appendix of the book, you will find a detailed explanation and numerous application examples to facilitate your successful handling of AI.

Our interactive <u>AI-assisted consultant</u> is there to assist you with any questions regarding success, career, and personal development. Our <u>AI-eTutor</u> supports the learning experiences from our academy with individual exercises. And the interactive <u>travel planner</u> helps you plan individual moments of success.

One of the greatest strengths of AI is its ability to process large amounts of data and recognize patterns. By using machine learning algorithms, AI can learn from this data and make predictions. This enables you to make informed decisions, optimize your strategies, and even solve complex problems. Whether it's your personal career management, optimizing communication processes, or improving work efficiency - AI can help you achieve your goals more effectively.

With the AI tools from Best of HR - Berufebilder.de®, you can even earn money. This is done through an affiliate program, a marketing strategy where companies collaborate with affiliates to promote and sell products or services. Affiliates are individuals or companies that act as partners and receive a commission for every sale or action they generate. To participate in our affiliate program, please register for our partner program.

## **Experience Success and Inspiration: Discover your Way and support Sustainability**

But that's not all! We want to offer you a very special opportunity that will make your journey to personal growth and success even more unforgettable. Because we know that it's not just about reading, but also about experiencing and applying what you've learned. That's why we want to offer you exclusive vouchers for suitable trips and other items that perfectly match your chosen guide. To achieve this, we work with numerous network partners in accordance with our compliance guidelines.

So imagine putting the inspiring wisdom of your book into action while creating unforgettable memories at the same time. Whether it's a relaxing break at a wellness resort, an adventurous trip into nature, or a workshop that further develops your skills - with our specially selected vouchers, you can put what you've learned into practice directly and enjoy unforgettable experiences at the same time.

Let yourself be inspired by our guides and discover the possibilities that await you. Because we believe that true change doesn't just happen in the mind, but also in the heart and in action. So get ready to elevate your life to a new level with individual moments of success and make your dreams come true. By the way, 5 percent of your purchase goes to non-profit organizations that are dedicated to projects such as reforestation and climate protection.

So you see: from cost savings to access to knowledge and education, to the opportunity to experience and live your own successes, to inspiration for entrepreneurial activities, and the possibility to earn money with our publishing house - reading our books can provide you with financial benefits in various ways.

## TALK | business ethics Professor Dr. Josef Wieland: "Ethical investments are important, only the 'how' is not yet clear!"

// By Jan Thomas Otte

Josef Wieland is Professor for Business Administration at the University of Applied Sciences Konstanz. Specializing in business ethics, morality is the business card of every company. Especially in the banking sector. In an interview he explains why sustainability should not just be grafted on!

Josef Wieland is best known for the concept of governance ethics he developed, which ties in with Niklas Luhmann's systems theory and the approach of new institutional economics with regard to transaction costs. Wieland initially trained as an industrial clerk and then worked in industry for ten years. He studied economics and philosophy at the University of Wuppertal. After graduating in 1985 with a degree in economics, Wieland worked until 1990 at Bernd Biervert's "Market and Consumption" chair in Wuppertal, where he received his doctorate summa cum laude in 1988 with his thesis "The discovery of economics". From 1990 to 1995 Wieland was head of the business ethics research center at the Westphalian Wilhelms University in Münster. In 1995 he qualified as a professor in economics at the University of Witten / Herdecke on "Economic Organization, Allocation and Status". Wieland has been teaching at the Konstanz University of Applied Sciences since 1995.

## Mr. Professor Dr. Wieland, can ethical investments (re) establish something like justice?

The idea is good and correct. Only the "how" is not really clear. Investing in ethically sound stocks and funds is only a fraction of the market volume worldwide and especially in Germany. So far a limited thing.

#### "The banks are about branding the good"

#### Why are banks involved in ethical investments?

I suspect that it is often about the topic of the reputation of the banks and the financial markets, a "branding" of the good, especially in the face of the crisis. The banks are measured by the customer by their products, not by their mission statements.

This applies globally and regionally. Which funds are invested in? What about energy and water? Are there loans for socially weak people? How is table

movement supported? That's what society wants to see. Until then, social investments remain a communication strategy.

#### "Banks are often too passive"

#### Let's stick to a concept. What does sustainability mean to you?

At any rate more than the continuity of business. This would be only the part of the economy, one-sided without the ecological and social component. It is about the provision of social prosperity. Banks are the backbone of our society, and they are often too passive.

Some institutes are already boldly engaged today, the savings banks and cooperative banks with their regional promotion contract. But we should pay more attention to the development of sustainability before our own doorstep.