

Digital memory training, self-motivation, goal achievement, anti-stress concept, mindfulness, advanced online formatio, further education

eLearning - Virtual Independent Learning

Simone Janson (ed.)



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Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <https://best-of-hr.com/press/>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at <https://best-of-hr.com/academy/>. In addition, workbooks are available to help you reflect on the inspirations from this book.

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This is not only contributed by the expert articles of renowned experts but also by numerous inspirations from successful managers, entrepreneurs, and other exciting personalities. Their stories and experiences serve as vivid examples of how challenges can be overcome and goals can be achieved. Through their inspiring narratives, you gain insights into proven strategies and practices that you can apply to your own situations. Different, and potentially contradictory, aspects of the topic are deliberately addressed. This allows you to examine, reflect on, and weigh the various pros and cons optimally. This ultimately enables you to gain different perspectives and improve your knowledge to develop a deeper understanding of complex topics and find innovative solutions.

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5 Current Trends in Distance Learning: The Future of eLearning

// By Markus Jung

The long-distance teaching method has a long tradition, but especially in recent years it has undergone some changes, particularly through technical developments.

1. Electronic media

Classically, the material in the Fernstudium is based on paper documents, the so-called "Studienbriefen" or "Fernlehrbriefen", which convey the contents in a structured way and which are also didactically prepared with tasks, summaries and repetitions.

These study letters still play a major role in distance learning, but they are increasingly being offered as PDFs, ePUBS or other formats, not only in printed, but also in electronic form.

2. videos

The printed materials are not only converted into electronic documents, but are often supplemented by other elements, such as videos or animations, which are intended to illustrate the content and the connections and appeal to other senses.

It is also often the case that the same contents are offered in several alternative forms, for example in printed form, as eBook, in a video lecture and as an audio podcast. This way the learner can decide for himself which way he can best learn.

3. Online Events

In addition to the study fees, the cost of attending presence lectures in the distance learning students is not insignificant, especially if it is necessary to travel long distances and an overnight stay is necessary.

Therefore, in addition to the presence events at the university's headquarters or in specially designed remote study centers, more and more virtual events are offered, in which the students enter the virtual classroom via the Internet, through which they can get in contact with the lecturer and the other students and work together on documents.

4. Examinations online

While this path is often taken for knowledge transfer and discussion, on-site examinations are still required for exams to pass exams under supervision.

However, technical solutions are also being developed here to ensure monitoring at the local workplace and thus no longer have to leave their own home for the examination.

5. Mobile Learning

The Fernstudium has always been a very mobile form of learning, since study papers can be taken everywhere and can be read, for example, in public transport or waiting rooms. Meanwhile, however, the electronic world is also becoming more and more mobile and most people do not want to go without the Internet access.

This trend is not a thing of the past and will certainly gain in importance in the future. Even today, many providers already provide apps or mobile Internet sites that can be used to manage the distance learning course on the road, for example, and to log on / off attendance events. There are also first study programs which, for example, sit on tablets such as the iPad and convey the entire material and completely dispense with paper supports.