

Plan & Increase Productivity

Work efficiently despite digital information overload, master permanent stress, manage time traps priorities & schedules, make the right desicions

Simone Janson (ed.)

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Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <u>https://best-of-hr.com/press/</u>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at https://best-of-hr.com/academy/. In addition, workbooks are available to help you reflect on the inspirations from this book.

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Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Briefly and concretely this is your benefit from this book: You support certified climate protection projects, quickly receive compact information and checklists from experts as well as access to AI extensions and the possibility to individually live your inspirations as an experience. Because we all want and should all become more efficient, after all, digitization, employers and customers are demanding faster and higher quality work. But working productively can be planned with the right methods and increased step by step. However, many people react to innovations with stress and excessive demands because they lack the right digital strategies to be successful despite the pressure to perform. This book provides tips and instructions for self-organization and time management, shows how you can successfully avoid stress, increase motivation & concentration and, in spite of increasing demands at work, gain quality of life and thus work quality.

You will receive valuable resources through this <u>unique publishing concept</u> that will enhance your knowledge, stimulate your creativity, and make your personal and professional goals achievable. This allows you to discover new ways, expand your thinking, and improve your skills to experience success. You will receive concrete advice, proven methods, and strategies to overcome challenges and overcome obstacles. By providing specific action steps and practical guidance, you will learn how to define your goals and develop plans to progress step by step. The clear structure and our special, highly detailed table of contents support you in quickly finding the desired information and implementing it directly into practice.

This is not only contributed by the expert articles of renowned experts but also by numerous inspirations from successful managers, entrepreneurs, and other exciting personalities. Their stories and experiences serve as vivid examples of how challenges can be overcome and goals can be achieved. Through their inspiring narratives, you gain insights into proven strategies and practices that you can apply to your own situations. Different, and potentially contradictory, aspects of the topic are deliberately addressed. This allows you to examine, reflect on, and weigh the various pros and cons optimally. This ultimately enables you to gain different perspectives and improve your knowledge to develop a deeper understanding of complex topics and find innovative solutions.

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Under the motto *Information as desired*, we also provide you with exactly the information you have been looking for. The book also includes an e-course with a worksheet for you to work through, which you can receive for free as a reader in

our Academy at <u>https://best-of-hr.com/academy/</u>. You can find out how to access it in the book's conclusion.

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learning experiences from our academy with individual exercises. And the interactive <u>travel planner</u> helps you plan individual moments of success.

One of the greatest strengths of AI is its ability to process large amounts of data and recognize patterns. By using machine learning algorithms, AI can learn from this data and make predictions. This enables you to make informed decisions, optimize your strategies, and even solve complex problems. Whether it's your personal career management, optimizing communication processes, or improving work efficiency - AI can help you achieve your goals more effectively.

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TALK | Graduate computer scientist and IT consultant Lukas Pustina: "Companies could do a lot better with work organization and IT!" // By Simone Janson

Technical innovations and social upheavals also pose new challenges for companies. Lukas Pustina, an IT expert and IT consultant, will provide tips for an efficient work organization, an optimal IT solution for companies and the security of online backups.

Lukas Pustina is a graduate computer scientist and is currently working on embedded systems. He has been an IT consultant for ten years and has thus gained deep insight into the way different companies work. He writes regularly on his insights and conclusions for a contemporary work environment in his blog.

Mr Pustina, what makes companies wrong when it comes to efficient work organization?

I think the adjective "wrong" is too strict. But there are some things that companies are not yet doing properly. Technology has developed rapidly, but how have they only used it for old ways of working. For example, for many it is eMail still only a substitute for the letter. This can also be seen in the current introduction of ePost. However, Internet technologies offer far more than letter substitutes. Fast teamwork across continents can do much more.

But not only the technology has changed rapidly, but the job requirements have also grown. Even today, many workflows are very complex and can only be solved by experts. I am not talking about technical professions. It can be said, perhaps, that the routine factory work is replaced by the case- or project-oriented knowledge work. In particular, it is also important that we can hardly solve problems alone, independently of others. We need to work with experts in teams.

So the technical changes affect the entire work organization?

Yes, but this change entails a necessary loss of control on the part of the companies. In contrast to manual work, the knowledge work requires a lot of creativity and a free spirit. However, you can not dispose of them at any time, but you are dependent on human factors: times you have good, sometimes bad days; times it is good in the morning, sometimes in the evening.

This fits only badly into the usual 9-to-5 working world. Anyone wishing to obtain the maximum benefit from their employees must also grant them the necessary freedom. This is certainly a big hurdle for companies that is growing with the company size. We have to get used to working out results-oriented. When and where an employee does his / her work must be left to him as long as he does his / her tasks. It is therefore necessary to have greater confidence in one's own employees.

Teamwork across continents sounds good: which tools do you recommend exactly?

A very important point is the data synchronization. As soon as you work in more than one place, you have to compile your work results. In concrete terms, I can recommend Dropbox, JungleDisk and Crashplan for data synchronization and data backup. It's the size of small, mature solutions that do exactly one thing - but that's especially good! I use Dropbox for my personal work. It is extremely easy to use and works completely transparently in the background; I do not realize it and yet my data is always up to date on all computers. I recommend JungleDisk for company-wide use. It allows a central administration of data synchronization and all data is transmitted exclusively encrypted. So the company remains master of its data.

Businesses should entrust their sensitive data to the Internet? Is not that a bit daring?

First of all, data synchronization must be as simple as possible; best or interaction. As soon as you have to adjust, configure or run regularly, errors are sneaking in. It is simply human that we make mistakes in routine tasks.

Today's hard drives have capacities of up to 2 terabytes. If you connect several hard drives together, it is easy for small businesses to easily store 10 TB and more data. What is overlooked in this consideration is the data backup. These data sets can hardly be secured economically and reliably. It is not enough to periodically transfer data to other data carriers, but you must also store revisions (ie changes to files).

And where is the advantage with online backups?

I'll explain that with an example: I only make my tax return once a year. That's why I only access certain data once a year. However, if I am unlucky, a virus has corrupted these files and I notice it only a year later. So my backup needs to be able to recover that one year old file. For 2 TB over a year, this is a real challenge.

Online backups have the advantage here that they rid me of this difficult task and they are done by experts. Of course this is associated with a certain loss of control, but honestly: who really has control over his data. As soon as more complex IT systems are used, ie special system administrators or even system houses take over the maintenance, one has only still felt control. EDP is and remains a matter of trust.

I am not quite convinced yet: Is an online backup really a safe alternative?