

# DRESS

Simone Janson (ed.)

GOOD STYLE &

BUSINESS ETIQUETTE & FASHION TRENDS NOT ONLY FOR WOMEN

CONVINCE WITH YOUR OUTFIT FOR CAREER & ADVANCEMENT

GOOD STYLE & PRACTICAL TIPS FOR EVERYDAY WORK

Plant Trees! You read, we donate for reforestation SUCCESS

Best of HR - Berufebilder.de®

## **Dress Code to Success**

Business Etiquette & Fashion Trends not only for Women. Good Style & Practical Tips for Everyday Work. Convince with your Outfit for Career & Advancement

Simone Janson (ed.)

Published by Best of HR - Berufebilder.de®

### **Table of Contents**

#### **Imprint**

<u>Introduction: Information, Experiences of Success, Inspiration - you'll find all that</u> in this Book

Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks

Successfully use the AI Extension to the Book for your Goals and to make Money

Experience Success and Inspiration: Discover your Way and support Sustainability

Dresscode fashion Effect in everyday work: Is casual clothing more authentic? // By Simone Janson

Five tips for embarrassing situations: laughter instead of embarrassment // By Simone Janson

How good manners of career use: 10 tips on business etiquette // By Dr. Cornelia Topf

Dress code and gender clichés: This is how clothes work in the job // By Susanne Beckmann

Business dresscode for the interview: 5 Tips for the perfect outfit // By Dr. Job 10 Naughty career tips for women by Katie Ledger: More effect please! // By Simone Janson

Dress code and business clothes: 2 X 17 tips for the style knigge // By Maria Theresia Radinger

The dress code of the Coca-Cola Director: Clothes as career boosters for women? // By Simone Janson

Heat dress code in the office: 2 X 5 Tips for cool styles on hot days // By Simone Janson

Body language: this is how clothing helps // By Dr. Gabriele Cerwinka, Gabriele Schranz

Business fashion and dress code for job success: 5 tips for a perfect look // By Sina Lehmann

Business look for women and men: Own style instead of dress code - 5 tips // By Liane Schmidt-Fischbach

Dress code etiquette Power and belonging: the right clothes for the job // By Sina Lehmann

Dress code for the business - 6 tips: increase effect and appearance with color // By Liane Schmidt-Fischbach

<u>Dress code, casual dress & business clothing: the best shoes on the occasion // By Simone Janson</u>

Guiding people to understand reading: interpreting fashion and body language correctly // By Joe Navarro

Conclusion: How to expand your Knowledge and Experience with interactive AI and discounted Add-on offers for free.

**Authors Overview** 

Susanne Beckmann

Dr. Gabriele Cerwinka

Simone Janson

Dr. Job

Joe Navarro

Sina Lehmann

Maria Theresia Radinger

Liane Schmidt-Fischbach

Gabriele Schranz

Dr. Cornelia Topf

Profound Expert Knowledge, Quality Assurance and AI: The Concept of Publisher

of the Year Best of HR - Berufebilder.de®

Appendix: Tips and Prompts for using the AI Extensions

## **Imprint**

The German National Library lists this publication in the Deutsche Nationalbibliografie; Detailed bibliographic data are available on the Internet at https://dnb.dnb.de.

ISBN of the German eBook edition: 9783965960961

ISBN of the English eBook edition: 9783965960978

German website of the publisher: <a href="https://berufebilder.de">https://berufebilder.de</a>

English website of the publisher: <a href="https://best-of-hr.com">https://best-of-hr.com</a>

**Dress Code to Success** 

4th completely revised and extended edition, 10.01.2024

©2024 by Best of HR - Berufebilder.de®, a brand of Janson Pressgroup Print & Online

Published by Simone Janson

Duesseldorf, Germany

Concept, editing, graphic design & layout: Simone Janson

Cover design with Canva

eMail: publisher@best-of-hr.com

For your <u>successful</u>, <u>fulfilling life</u>, the information you truly need: State-funded publisher, awarded the Global Business Award as <u>Publisher of the Year</u>: <u>Books</u>, <u>magazines</u>, <u>eCourses</u>, <u>data-driven AI services</u>. Print and online publications, along with the latest technology, go hand in hand - with over 20 years of experience, partners such as the <u>Federal Ministry of Education</u>, customers like <u>Samsung</u>, <u>DELL</u>, <u>Telekom</u>, or universities. Behind it all is <u>Simone Janson</u>, a German <u>Top10</u> blogger, referenced in <u>ARD</u>, <u>FAZ</u>, <u>ZEIT</u>, <u>WELT</u>, <u>Wikipedia</u>.

All books are published in German and English. We take our responsibility to deliver well-researched and reliable information very seriously. Therefore, the publisher follows a dedicated concept for quality assurance and compilance, where the expertise of renowned experts goes hand in hand with the latest AI technology for information analysis and text optimization. If you have any further questions, you can read the corresponding chapter at the end of the book.

All works of the publishing house Best of HR - Berufebilder.de®, including their parts, are protected by copyright. Any use outside the narrow limits of the copyright law is not permitted without the consent of the publisher and the author. This applies in particular to the electronic or other reproduction, translation, distribution and making publicly available.

## **Introduction: Information, Experiences of Success, Inspiration - you'll find all that in this Book**

Dear readers,

glad we could convince you of the 4th, significantly extended edition, like thousands of readers before. Because this book makes your success tangible: In the following pages, you will not only encounter expert knowledge, but also a wealth of practical tools and resources that can help you achieve your goals and realize your full potential.

## Achieve Goals Interactively: Awards, Press Reviews, Customer Feedback

For its interactive concept, the publisher was not only awarded the Global Business Award as Publisher of the Year by Corporate Vision Magazine and supported by the Minister of State for Culture and Media of the Federal Republic of Germany, but also repeatedly recognized in renowned media such as **ZEIT**, **Süddeutsche**, **personalmagazin**, or the special magazine **Personalführung**. For example, the **FAZ**, one of the most influential Newspapers in Germany, attests to us "good actionable tips" and customers like the **Press and Information Office of the German Federal Government** are enthusiastic. You can find many more reviews as well as information on free review copies at <a href="https://best-of-hr.com/press/">https://best-of-hr.com/press/</a>.

Renowned experts from various fields - overview in the table of contents - have compiled their expertise and experiences to provide you with valuable insights and advice, practical and condensed. As a reader, you will also receive working materials as part of your book purchase, which you can download for free at <a href="https://best-of-hr.com/academy/">https://best-of-hr.com/academy/</a>. In addition, workbooks are available to help you reflect on the inspirations from this book.

All readers who are looking for individual solutions also have the opportunity to use the AI extensions and consulting tools free of charge within the framework of AI Extended Books, for which we usually charge a monthly subscription fee. Our interactive success advisors and other AI-supported tools are at your disposal to provide you with tailored advice and recommendations that are tailored to your individual needs. Use these tools to drive your success and achieve your personal goals.

In addition to this wealth of inspiration, we want you to experience and enjoy your success: As a reader of this book, you will have access to a variety of exclusive services that will help you live well and successfully according to your wishes: from inspiring reader trips, where you have the opportunity to discover new places and exchange ideas with like-minded people, to lifestyle products that are

specifically tailored to your needs, we want to ensure that you make the most of this reading experience.

## Your Benefit in concrete Terms: Content, Organization and Structure of the Book

Briefly and concretely this is your benefit from this book: You support certified climate protection projects, quickly receive compact information and checklists from experts as well as access to AI extensions and the possibility to individually live your inspirations as an experience. Because the right clothes and charismatic demeanor can promote or prevent a career. Practical questions also play a role, e.g. how comfortable can shoes be or what to wear in the heat? It is crucial for professional success that you know the rules of the game according to which dress codes work in the respective industry. The challenge is to visually highlight and attract attention, but not to violate unwritten laws. Conversely, there are situations in which a skilful breach of the rule, such as overly negligent or funky clothing, manifests your own status - many celebrities and politicians are already leading the way. If you know how to use your clothes in a targeted manner, you can also use them successfully to advance your work.

You will receive valuable resources through this <u>unique publishing concept</u> that will enhance your knowledge, stimulate your creativity, and make your personal and professional goals achievable. This allows you to discover new ways, expand your thinking, and improve your skills to experience success. You will receive concrete advice, proven methods, and strategies to overcome challenges and overcome obstacles. By providing specific action steps and practical guidance, you will learn how to define your goals and develop plans to progress step by step. The clear structure and our special, highly detailed table of contents support you in quickly finding the desired information and implementing it directly into practice.

This is not only contributed by the expert articles of renowned experts but also by numerous inspirations from successful managers, entrepreneurs, and other exciting personalities. Their stories and experiences serve as vivid examples of how challenges can be overcome and goals can be achieved. Through their inspiring narratives, you gain insights into proven strategies and practices that you can apply to your own situations. Different, and potentially contradictory, aspects of the topic are deliberately addressed. This allows you to examine, reflect on, and weigh the various pros and cons optimally. This ultimately enables you to gain different perspectives and improve your knowledge to develop a deeper understanding of complex topics and find innovative solutions.

## Information as desired with Membership Discounts, eCourses, Workbooks, and custom, individual eBooks

Under the motto *Information as desired*, we also provide you with exactly the information you have been looking for. The book also includes an e-course with a worksheet for you to work through, which you can receive for free as a reader in

our Academy at <a href="https://best-of-hr.com/academy/">https://best-of-hr.com/academy/</a>. You can find out how to access it in the book's conclusion.

Our Academy offers you the opportunity to continuously expand your knowledge and skills and engage with like-minded individuals. By participating in our online courses and interacting with experts and other learners, you can achieve your professional goals and advance your personal success. We believe that inspiring experiences and continuous learning are the keys to long-term success. Therefore, we invite you to explore our Academy and benefit from the diverse learning opportunities.

In addition, the Workbook Success Planner is the perfect complement to the guidebooks. This workbook helps you successfully implement the inspirations and tips from our books, step by step and day by day, whether it's about career goals, decision management, or financial planning. You can either print the Success Planner yourself or order it as a bound book. Each workbook comes with a free eBook.

Do you want a personalized eBook topic or an e-course on a specific subject? You can also find that in our publishing house at <a href="https://best-of-hr.com/publisher/">https://best-of-hr.com/publisher/</a>. We will create your personalized eBook on a topic of your choice upon request. In the Academy of Best of HR - Berufebilder.de®, you will also find email courses with individual assignments, personal support, and certification.

As a book reader, you not only have the advantage of gaining information and new insights but also enjoy financial benefits that come with purchasing our books. As a newsletter subscriber or registered member, you will receive a 50% discount on all e-courses and a 20% discount on all other books as a member edition. You can find the books at <a href="https://best-of-hr.com/shop/books/">https://best-of-hr.com/shop/books/</a>. The coupon code is sent weekly via the <a href="newsletter">newsletter</a>. Additionally, there is the Premium Membership, a paid flat rate for one year, which includes all learning materials, downloads, and premium articles.

## Successfully use the AI Extension to the Book for your Goals and to make Money

For those seeking further individual guidance and services, our concept of *AI Extended Books* offers the potential to analyze information, gain valuable insights, and show paths to achieving your individual goals. By utilizing AI in your work or personal life, you can gain many benefits and work much more efficiently. Through our AI solutions, you will discover new ways to explore your horizons in innovative ways. And the best part is that this service is free for you as a book buyer. In the appendix of the book, you will find a detailed explanation and numerous application examples to facilitate your successful handling of AI.

Our interactive <u>AI-assisted consultant</u> is there to assist you with any questions regarding success, career, and personal development. Our <u>AI-eTutor</u> supports the

learning experiences from our academy with individual exercises. And the interactive <u>travel planner</u> helps you plan individual moments of success.

One of the greatest strengths of AI is its ability to process large amounts of data and recognize patterns. By using machine learning algorithms, AI can learn from this data and make predictions. This enables you to make informed decisions, optimize your strategies, and even solve complex problems. Whether it's your personal career management, optimizing communication processes, or improving work efficiency - AI can help you achieve your goals more effectively.

With the AI tools from Best of HR - Berufebilder.de®, you can even earn money. This is done through an affiliate program, a marketing strategy where companies collaborate with affiliates to promote and sell products or services. Affiliates are individuals or companies that act as partners and receive a commission for every sale or action they generate. To participate in our affiliate program, please register for our partner program.

## **Experience Success and Inspiration: Discover your Way and support Sustainability**

But that's not all! We want to offer you a very special opportunity that will make your journey to personal growth and success even more unforgettable. Because we know that it's not just about reading, but also about experiencing and applying what you've learned. That's why we want to offer you exclusive vouchers for suitable trips and other items that perfectly match your chosen guide. To achieve this, we work with numerous network partners in accordance with our compliance guidelines.

So imagine putting the inspiring wisdom of your book into action while creating unforgettable memories at the same time. Whether it's a relaxing break at a wellness resort, an adventurous trip into nature, or a workshop that further develops your skills - with our specially selected vouchers, you can put what you've learned into practice directly and enjoy unforgettable experiences at the same time.

Let yourself be inspired by our guides and discover the possibilities that await you. Because we believe that true change doesn't just happen in the mind, but also in the heart and in action. So get ready to elevate your life to a new level with individual moments of success and make your dreams come true. By the way, 5 percent of your purchase goes to non-profit organizations that are dedicated to projects such as reforestation and climate protection.

So you see: from cost savings to access to knowledge and education, to the opportunity to experience and live your own successes, to inspiration for entrepreneurial activities, and the possibility to earn money with our publishing house - reading our books can provide you with financial benefits in various ways.

# Dresscode fashion Effect in everyday work: Is casual clothing more authentic?

// By Simone Janson

Dress code is a difficult topic: Dressing too casually is quickly considered negligent, but those who look too correct are quickly becoming uncool. Apart from that, each group has its own dress code. An overview.

#### Authenticity or skillful staging?

Some time ago at re: publica: nice people, everything cool, easy-going, casual. Only one thing irritated me: there was actually no business dress code - but somehow it did: an underdress code!

You know that at certain events everyone walks around with a tie and collar and you feel like the well-known colorful dog if you don't meet the dress code. It was exactly the same at re: publica, only the other way around: everyone was walking around in a relaxed manner. You can find that nice now because people act as they are in their private lives, quite authentically.

#### Beware of manipulation

However, it must not hide the fact that, especially for companies, it is also a business event. Therefore, the casual is just a dress code - a kind of underdress code! The casual dress code at re: publica is just a coherent staging - also because the few panty braces fell out of the frame as particularly bourgeois. Although I personally find ties and suits more authentic at a business event ...

My thoughts also fit well when I attended a lecture by Miriam Meckel: When the speaker set up, I spontaneously thought: "Which student is coming now?" And was then positively surprised that it was Miriam Meckel. From a distance and with her jeans and shaks, she just looked like a student - and many may have thought that to be cool, I think that's exactly what a skillful ingenuity of authenticity is - apart from the fact that the lecture was really worth seeing.

#### Does dress code have to be boring?

But does business fashion really have to be boring? Not everyone is running around in a job wearing a suit or costume - if you look around in other countries, for example, you will find that office clothes have to be anything but boring. In Dubai, for example, the sheikhs also wear their traditional costume at the business meeting - the local business fashion. Incidentally, I find African business fashion even more

interesting, as I was allowed to examine it at some conferences of the UN: Colorful, colorful - and not boring at all.

Or to put it in the words of Dita von Teese in your book "Beauty & Glamor: My Secret for Extraordinary Beauty" (published by MVG 2017):

So you want to tell me that Marilyn Monroe, Hedy Lamarr or Rita Hayworth are wrong? I think they did exactly the right thing. Through the magic of their beauty and with the help of some measures that were quite extreme at the time, they turned from ordinary mortals into real goddesses. No one would ever see me in a worn dress or sweatpants - not even Alistair, my cat. A rushing satin morning skirt can be found for little money on Etsy or in vintage shops and puts you in the right mood for a great evening ... or morning. Beauty, glamor and luxury do not depend on your account balance. Real luxury is to use the silk dress or the fine tea cups every day. I'd rather wear a second-hand dress or a bright red 5 \$ lipstick than the hottest jeans brand.

#### Be authentic: First think about who you are

In the end, it's probably something completely different: namely that everyone does what suits them best. I recently discussed Twitter with a friend who had published a novel. The question was how to advertise the novel via Twitter. So we discuss whether it would make more sense to tweet as an author or as one of the characters in the novel, so as to get the reader straight into the book.

Then she made the ultimate statement, I think, on the subject of social media marketing: "I have to think about who I really am!" Because I think the question must be that of every company and every person who works in does some form of marketing and this applies particularly to social media marketing: "Who am I actually?"

#### The appearance must fit the person

This is, so to speak, the basic prerequisite for getting across authentically - and authenticity is important in order to be successful at work with its appearance. This also means that everyone does it differently: At Miram Meckel, it is perhaps the jeans for the lecture that look authentic and Dita von Teese would put on a silk dress in the same place.

But the crucial thing is: If careless clothing is given, it is again not original and creative, but often simple - careless. And who wants to look sloppy at work?

## Be authentic through clothing: ask yourself the following 6 questions

So if you are considering how best to work in business, you should ask yourself the following questions: